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Express

Vol. 2, Number 18 | R.R. 2, Minden, Ontario K0M 2K0 | Wednesday, May 10, 1978

THIS WEEK'S SPECIAL
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STEDMANS
MINDEN

Dysart Council turns down King Ski Club slalom course

HALIBURTON — Richard Redford, spokesman for the King Ski Club, presented a very indepth report to Dysart et al council on Monday, on why Jim and Judy Bush should be allowed to have their slalom and ski jump course on Green Lake in West Guilford. However, the Bush's spokesman got nowhere with his compromise report, as council unanimously voted against the proposal.

Redford's report was a compromise to Dysart council, who had past a motion in 1976 and again in 1977, that no ski jump or slalom course could be used on Green Lake because of its small size (only 285 acres).

Redford's report stated that that Club would use the south side of the lake across from the Lakeside Golf Club, where the water depth is more than 20 feet, rather than the north side where the water is very shallow. A map showed council a marked area, involving some 12 acres or 4.2 percent of the lake, where all activities of the club would be carried out, both jumps and slalom events. The club has at present 15 members, four of whom are competitive jump slalom and trick skiers.

Reeve Murray Fearrey stated to the delegation from the ski club, plus property owners in the area who were present, plus a very interested, Ontario Ombudsman, Frank Marzo, that he was very concerned over the smallness of the lake and the fact that one property owner was going to utilize approximately 10 percent of the lake privileges for the full summer season.

Ministry of Natural Resources, Fish and Wildlife spokesman, Steve Toole, told the delegation that he had received many telephone calls from area residents complainin g about pollution. However, after close inspection, he said there didn't appear to be anymore pollution on Green Lake than would be found on any lake of the same size.

Mr. Toole, went on to say that the Ministries main concern was for the Muskie and Smallmouth Bass in the lake. The main concern was from the use of large motors that stir up the lake bed where the fish lie. The Ministry suggested that the club situate their course over deeper water on the south side.

Don White, Area Supervisor of the Minden office echoed Mr. Toole's words. "We took steps in the summer of 1976 to have the ski jump removed after receiving many complaints from area residents." We were also very concerned with the heavy boat traffic on the lake.

With this Dysart Reeve and council went into a committee of the whole to discuss the new proposal and arrive at a decision. Upon returning to the chambers, Reeve Fearrey read the following resolution, signed by all members of his council:

Where as the proposal of the King Ski Club has been reconsidered by council, council are still opposed to the ski-jump being operated on Green Lake. The reason for the decision is basically consistent with council's previous decision that the 12 acres outlined for the course as well as the area of waves toward the shore would accupy close to 10 percent of Green Lake for the privilige of one property owner for the full summer season. This is, in our opinion contrary to the fair and peaceful use by all the property owners and general public of this small lake.

The Ministry of Natural Resources will now, having heard Dysart's decision, give their decision on the ski jump course to Mr. and Mrs. Bush by May 24.

Natural Resources burn 1500 acres in Anson

MINDEN — The Ministry of Natural Resources took to the forest 40 strong last Thursday and burnt close to 1500 acres of Anson Tiwnship. The purpose of this burning was to rid the forest bed of dried grass and dead brush to generate new growth. This will then add much needed deer feed to the area. Above, aerial photo's taken from a Natural Resources' Otter aircraft, the much used workhorse of this Ministry. Lower photos, left, the office staff from the Minden area, return from a sightseeing flight over the burned out area and right, two of the more than 40 Natural Resources men, left, Phil Piluris and Harris Steele doing the burning, head for the burn area near the Anson-Langford Township lines.

MINDEN — Last Friday morning these four Haliburton County road workers and fifteen others, came to work and found they had been locked out of their jobs. Management, hoping to have the employees come to terms on their contract talks, locked the doors to the men. The employees, members of CUPE Local 1960 then picketed the Haliburton County building in Minden as well as offices in Haliburton and Ingoldsby.

In the News

PRINCE CHARLES is an engaging young man. Britishers wonder when he will become seriously "engaged."

Think small
by Jim Smith

Dreamers

Canada is a nation that defies reason.

To wit: Nations traditionally exist because of common characteristics such as geography and race. States within nations exist for the same reasons. Except in Canada where our political delineations simply fell into place, defying all logic.

Ontario, for example, is larger than many countries and contains more than one-third of all Canadians. But some Ontarians live in huge cities while others cluster in tiny villages. The people in the south rely on industry while those in the north depend on resources. Quebec is much the same.

At the other extreme, Nova Scotia has fewer people than are found in Toronto alone. New Brunswick and P.E.I. have the same sorts of problems as Nova Scotia. Manitoba, Saskatchewan and Alberta have much in common, too.

The unequal distribution of power, wealth and population among Canada's existing provinces has led some Canadians to ponder the entire question of provincial distribution. Among the suggested solutions is the amalgamation of some smaller provinces into larger regions like Atlantic Canada or the Prairies, leaving a nation consisting of those provinces plus British Columbia, Ontario and Quebec.

Is this the answer to Canada's political problems? At this stage, it's impossible to say. The suggestion is so new that the full list of pros and cons has yet to be compiled. Certainly some problems are immediately apparent.

Newfoundlanders do not consider themselves part of the Maritimes, possibly for good reason.

Alberta's oil reserves have made the province financially secure for the moment – and favourably disposed towards its own independence.

The failure of regional government (joining several neighbouring towns into single, larger municipalities) has not worked well in Ontario because the residents involved have resented the loss of independence and identity associated with the merges. The same type of psychology could make unification of several provinces impossible, too.

But, at the same time, the proposed new provinces would be much more powerful and could stand up to political pressures generated by Ontario and Quebec rather than remaining as the poor provincial relations.

Above all, perhaps, the arrangement could save the smaller provinces money, reducing tax burdens and giving local industry a better chance to compete for more markets.

It may be nothing more than a worthless dream. But all great achievements – as well as the failures – begin as dreams.

"Think small" is an editorial message from the Canadian Federation of Independent Business©

Cty. Road workers locked out

MINDEN — The Haliburton County road workers have been locked out of their jobs by management last Friday morning and were not allowed back.

The following statement has been given by Murray Fearrey, Chairman of the County Roads bargaining committee.

On the basis of a letter received April 26, 1978 from CUPE and the preceding events relative to the 1978 contract negotiations which reflected an obvious impass, County Roads Employees of Local 1960 were not allowed back to work on Friday, May 5. The reason for such action was twofold:

1. A letter from CUPE clearly stating unless settlement was reached, quote, "This is to confirm Local 1960 voted, almost unanimously to take strike action.
2. The Road Committee felt unanimously that our offer was fair and just and we could not work and complete projects under the constant threat of strike and uncertainty.

To set the record straight in dollars and cents which is the only item disputed by the Union the following is a comparison of rates:

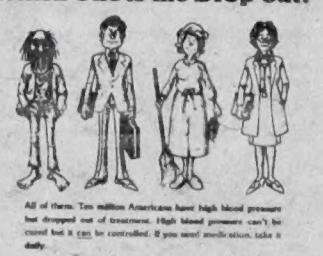
Average County Road Rate 1977: Rate per hour $4.87 benefits $1.27 — Total $6.14.

Average County Road Rate 1978: Rate per hour $5.12 benefits $1.36 — Total $6.49.

This reflects an average increase of 35 cents per hour, not to mention the recent OHIP increase which although not negotiated would have been paid by the county and would have increased the average hourly increase to 38 cents per hour. As stated we feel this is a fair and just offer.

In what is now a "face saving exercise" we recognize someone has to move to realize and accept a fair and just settlement; we believe this time it is definitely not our move.

Which One is the Drop-out?



All of them. Ten million Americans have high blood pressure but dropped out of treatment. High blood pressure can't be cured but it can be controlled. If you need medication, take it daily.

High Blood Pressure
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APRIL WEATHER

Aver. High	45.6	8
Aver. low	24.7	-4
Aver. for Apr.	35.1	2
Aver. Apr. 77 ..	43.1	6
High April 27 ..	65	18
Low, Apr. 2	15	-9
Rain	1.9"	48.2mm
Snow	2"	5 cm
Precipitation	2.1"	53.4mm

April was a fairly pleasant month but much cooler than normal and eight degrees cooler than last year. First half of April was quite cloudy and cold last half mostly sunny by day but very cold at night.

There were still many patches of snow left on April 30th and most lakes were ice covered.

Thermometers and other equipment have now been changed to Centigrade and millimeters — next months report will be trail and error. Sorry.

INFO: 1 centimeter of snow, equals 1 millimeter of rain.

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CLIFF BURKE, News Editor

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Also the publisher takes no responsibility for statements or claims made in any advertisement and will, upon written request, reveal the name and address of person or persons responsible for placing any display advertisement, political or otherwise, except for "blind" box advertisements.

Horticultural Society meets

MINDEN — The Horticultural Society held their monthly meeting last Tuesday evening in Minden, with director of District 4, Clarence Tink of Hampton being guest speaker. A crowd of more than 75 came out with many of the visitors from the Kinmount and Norland Societies.

The guest speaker for the evening was introduced by Kinmount president Sam Telford. Mr. Tink, visiting Minden's group for the first time since it's formation just a few short months ago, welcomed the members, which now total 208 and presented Minden president Elizabeth Carrell with the Minden Charter Certificate.

Mr. Tink then went on to give a very informative talk on Dahlias. The history behind the flower, the preparation of soil when planting, location, how to cut and separate, staking procedures when planting, pinching back to make bushy plants, cultivating and spraying, after frost care, etc.

Mr. Tink grows between 500 and 600 varieties each year and is one of Ontario's foremost authorities on the Dahlia. Ruth Tink then gave a brief talk on growing and caring of Chrysanthemums. She grows close to 100 different varieties. Mr. Tink then got many oohs and aahs from the members when he showed slides of their beautiful garden.

The hanging baskets that the Society will be putting on the Main Street have now arrived and they will be planted this week and hung before the 24th of May weekend.

Mr. George Tipton was selected to attend the Horticultural Society convention in Kingston on June 14th. The Kinmount Society invited the Minden club to their next meeting on June 7 when guest speaker will be Les Brown.

People who never do anything wrong should have someone check their work a second time.

$2500 damage in two single car collisions, no injuries

MINDEN — OPP report the following activity for May 1-7. The staff investigated two reportable and one non-reportable collisions and 64 occurances.

There were three break-ins reported, one business and two cottages found insecure, two persons were charged with liquor violations, two persons were charged with impaired driving and one compassionate message delivered.

Early Wednesday morning on the South Kawagama Lake Rd. Earl Peach 45, of Toronto was eastbound in his 1969 van, when he lost control of the vehicle and rolled over striking a culvert. Damage to he van has been estimated at $1500. Investigation by PC Roy Telford.

Also in the early hours of Thursday morning, May 4, Joan Pearson 35, of Minden was eastbound on Hwy. 519 when she struck a pillar on the one lane Eagle Lake bridge. Damage was set at $1,000. Investigation by PC Roy Telford.

Police Week 1978

MINDEN — Police week will be celebrated across Canada from May 14th to May 20th. Why not take a few minutes during this week to visit your Minden OPP Detachment.

The office is open from 8 a.m. to 12 p.m. should you wish to stop in, view the equipment used by the OPP and tour the detachment.

May 18-19, a display will be set up at the secondary school which will include an OPP motorcycle and rider from Lindsay and the OPP dog 'Scout' and his handler from Peterborough.

Sergeant Arnold Bestman, Minden Commander, wishes to extend an invitation to you to come and visit your Ontario Provincial Police.

NOTICE

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9:00 A.M. — 12:00 P.M.

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on Sunday, May 14th

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HALIBURTON — ONTARIO

Young Canada Works Grants Approved

Bill Scott, M.P. Victoria-Haliburton was pleased to learn recently that 26 projects under the Young Canada Works Program have been approved for the Riding in the amount of $138,977.

Young Canada Works is a program of the Department of Employment and Immigration. Funding is available to projects which will provide student summer employment in the area.

It is expected that over 110 jobs will be provided in the Riding this summer under this phase of the program.

Municipalities and organizations from all across Victoria-Haliburton will benefit as students provide various services during the summer months.

Some 58 applications were submitted this year and all were considered by a Ministerial Advisory Board.

This Board, made up of local business, civic and community leaders assessed all applications and assigned various priority ratings to them.

Final approval for recommended projects was given by the Minister and it is expected that they will commence in the next few weeks.

A listing of approved projects is shown below:

Production and Administration Assistance to Kawartha Summer Theatre, **Lindsay** - 4 jobs - $7,062.

Operation Weed Out, **Cannington** - 4 jobs - $5,896.

Buckhorn Community and Athletic Association Summer Playground, **Buckhorn** - 3 jobs - $4,038.

Rama Student Summer Employment, **Rama Reserve** - 6 jobs - $7,832.

Beautify Cannington and Area Centennial Museum Grounds, **Cannington** - 5 jobs - $4,788.

Community Hall Landscaping and Maintenance and Swimming Program, **Coboconk** - 3 jobs - $4,530.

Stanhope Recreaton Youth Program, **Stanhope** - 5 jobs - $5,864.

Minden Rotary Park Shelter, **Minden** - 4 jobs - $5,896.

Sherborne, McClintock and Livingstone General Improvement Program - **Sherborne, McClintock and Livingstone Townships** - 4 jobs - $5,896.

Maple Leaf Ski Trails, **Maple Leaf** - 4 jobs - $4,744.

Summer Time Fun - Kawartha Youth Incorporated, **Lindsay** - 6 jobs - $10,376.

Burleigh-Anstruther and Chandos Swim and Recreation Program, **Apsley-Chandos** - 4 jobs - $3,364.

Trailmake '78, **Anson and Hindon Twps.** - 5 jobs - $7,330.

Scrabble Mountain Trail, **Lutterworth Twp.** - 4 jobs - $4,744.

Eldon Township Park Landscaping, **Eldon Twp.** - 3 jobs - $2,692.

Parkland and Sanitary Land Fill Sites, **Galway and Cavendish Twp.** - 3 jobs - $4,038.

Community Improvements, **Norland** - 3 jobs - $2,692.

Township of Mara, **Brechin** - 4 jobs - $4,744.

Haliburton Rotary Youth Park, **Haliburton** - 4 jobs - $5,896.

Cabins and Hiking Trails, Camp Kakeka, **Haliburton** - 4 jobs - $7,624.

Information '78, **Kinmount** - 6 jobs - $5,188.

Busy Days are Happy Days, **Gooderham** - 3 jobs - $2,692.

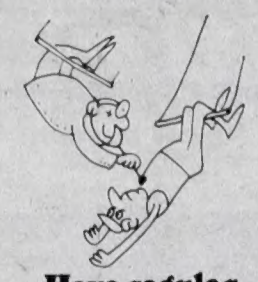
Woodville Beautification Program, **Woodville** - 6 jobs - $5,185.

Mariposa Recreation Community Improvement, **Mariposa** - 7 jobs - $6,020.

Papineau Creek Canoe Route, **Bangor, Wicklow and McClure Twps.** - 4 jobs - $3,134.

Minden Kinsmen Participark, **Minden** - 6 jobs - $6,712.

Perform a death-defying act.



Have regular medical check-ups.
Give Heart Fund

Ontario government's home renewal program to be extended

The Ontario Home Renewal Program (OHRP), designed to help improve and upgrade the province's existing housing stock, will be extended for another year, Housing Minister Claude Bennett said.

"We have set aside $20 million in our provisional estimates and staff of the ministry are prepared to accept applications for grants," Bennett said.

As this extension is for one year only, the minister cautioned municipalities against approving applications beyond the funds which become available.

"I urge each and every municipality to make sure that they do not commit themselves with regard to this program beyond the funds that are actually provided to them," Bennett said.

OHRP was launched in 1974 to help low and moderate income earners upgrade their homes, primarily by correcting faulty structural and sanitary conditions and by upgrading plumbing, heating, insulation and electrical systems.

Upwards of 540 municipalities are involved in the program.

Persons interested in participating in the program should apply to their respective municipalities.

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Thinking Slim

BY JEAN NIDETCH

Who can deny the joys of frozen foods? They're certainly time and life-savers when you don't want to or can't cook from scratch. (You understand that I'm not talking about frozen cream pies, don't you? Vegetables, fish, meat — that's what I mean).

Well, summer is coming and since heat and moisture are dedicated enemies of frozen food, you'll want to consider the following tips when you go to the supermarket.

Did you know there's a "frostline" marked on the inside of freezer cases to point out where the temperature is low enough so that the foods stored there are solidly frozen? Well, there is. And when you pick a box of black-eyed peas or bluefish, make sure first of all, that it's sitting below this line. Dig in if you have to so you don't end up buying a partially thawed package.

And when you do your selecting, make sure you do it just before you plan to get in the checkout line. It stands to reason that the longer that package is out of its freezer case, the better the chances of it spoiling or losing flavor more quickly.

So that means you want to get it home and into your own freezer as quickly as possible. Don't stop on the way home to pick up the laundry or buy batteries for your son's tape recorder. Either let him do both errands (!), or do them before you visit the supermarket.

Now I know this next step is going to take some doing because I've been guilty of jamming things in the freezer without thinking myself. Who isn't tempted to stick frozen foods on top of the others already parked in the freezer? But if you take a moment or two to rotate them, you'll use up your older supplies first. (Tell the truth, how many packages have you had to throw out because they ended up getting defrosted time and again when you defrosted the refrigerator and you didn't want to take a chance cooking them?)

You were right not to want to cook them, and you probably should have thrown them out sooner unless the package specified that you could, indeed, refreeze the contents if partially or wholly defrosted. When that happens, incidentally, the first time, the best thing to do is cook whatever has thawed and then freeze it again. Safely.

Now that perhaps you know a little more about your freezer, enjoy it.

FREE: "Jean's 10 Favorite Recipes" For a great selection of tantalizing recipes compiled by Jean Nidetch, send a stamped, self-addressed, long, white envelope to: "10 Recipes," JEAN NIDETCH, c-o this newspaper.

CARNARVON — The Men's Commercial bowling league held their annual meeting and awards banquet on Friday evening at Matabanick Inn. Top photo, the Modern Electric team of Ronnie Robinson Jr., (being congratulated by team sponsor, Bill Payne) Ken Thompson and Bruce Elliott, (missing were Doug Leonard, Herman Bosley and Eric Burk) accept prize money as league champions and also won trophies as the A Series play-off winners. Lower photo, perennial playoff winners, Peterborough Lumber, once again were victorious this season, winning the B Series playoffs. Pictured left to right are Bob Robinson, Albert Cox, Fred Cox (captain), Harris Steele, Jim Wilson and Cliff Burke. The new executive for the 1978-79 bowling season was elected and they will be president Reg Burk, vice-president, Bruce Elliott, secretary Ron Robinson Sr. and treasurer, Ivan Clarke.

Reg Burk new President of Men's Commercial league

CARNARVON — The Men's Commercial league came to a close on Wednesday evening at Carnarvon Lanes and Modern Electric has captured its first A Series playoff championship in many years. The Electricmen hung on to a huge lead they had built up in the first week of playoff action, to oust defending champions of the past three seasons, Minden Progress, to win by 21 pins, 10,203 to 10,182.

The 1977-78 league and playoff champions are: Ron Robinson Jr., Graham Brown, Doug Leonard, Ken Thompson, Bruce Elliott, Herman Bosley and Eric Burk.

Peterborough Lumber came up with their usual play-off performance, winning easily with a super 1302 in their final game to capture the B series playoff championship with 10,239 pins. The pesky Rockcliffe Hotel gave them a real run on this final night, pulling to within 37 pins in the eighth game. However, a great 378 single by Bob Robinson ended the season for the Hotelmen.

The Lumbermen (formerly Cox's Colts) have always been a playoff team in the past and this year was no exception, as they put it all together to roll the top nine-game block in the playoffs.

The 1977-78 B Series playoff champions are: Bob Robinson, Fred Cox, Albert Cox, Jim Wilson, Cliff Burke and Harris Steele.

The final standings in the playoffs are as follows A Series, Modern Electric (3383) 10,203; Minden Progress (3542) 10,182; and Ingoldsby (3471) 9,501. B Series, Peterborough Lumber (3534) 10,239; Rockcliffe Hotel (3488) 10,062 and NorPhoto (3184) 9712.

Some individual performances on this final night of the season went to Bob Robinson of PL with 836 (378), Harris Steele 291 and Cliff Burke 288; Pat Clarke of Progress 753 (268,264); Ronnie Robinson 281 and Bruce Elliott 281 of Modern Electric; Ian Coltman 293 and Ken Sawyer 292 of Rockcliffe.

Friend of ours always has a seven-course meal in the evening: a hard-cooked egg and a six-pack.

Fifth Estate Special On Breast Cancer To Be Repeated On CBC-TV May 15th

Four women — deeply in love, vibrant, young, looking forward in life — all faced with the same crisis, surgery for breast cancer. In a one-hour fifth estate special on Monday, May 15th at 9:00 p.m., these women tell their personal stories to the fifth estate reporter Adrienne Clarkson.

Teresa: Young, beautiful, it was love at first sight when she met her husband-to-be at Expo '67. They married, had a daughter and life became, in her words, "a fairytale existence". Four years after her marriage, Teresa is told she has breast cancer and must undergo surgery.

Barbara: Living another love story, Barbara was holidaying in Ontario from Virginia when she met a Canadian who proposed marriage within a week. They married, and settled in Toronto. At 26, and eight months pregnant, Barbara is diagnosed as having cancer.

Mireille: a nurse who had assisted at mastectomies herself, she found a lump in her own breast and knew what it could mean. That same day, pathologists at Mount Sinai Hospital in Toronto confirmed malignancy. Her right breast was removed.

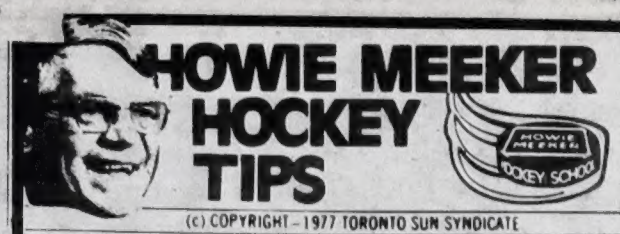
Laurie: a widow, she had to face her fears alone and found an aura of unreality about it all.

Their stories are of fears and anxieties about surgery, finding renewed love and understanding in their marriages, and coping with family and friends.

When this special was first presented by the fifth estate this past March, it not only drew the most audience mail of any fifth estate program telecast this season; it also attracted the highest audience. A total of 1,876,000 viewers watched the program.

Adrienne Clarkson and producer John Kastner started work on the special in the Summer of '77. One of the four women would not live to see the program telecast.

Four women, a fifth estate special, will be repeated on CBC-TV on Monday, May 15th at 9:00 p.m.



HOWIE MEEKER HOCKEY TIPS

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TEACHING KIDS

One of the questions I am asked most often is: "When should my kid start learning hockey?"

My answer has to be tailored to the boy, and local conditions — meaning the availability of ice time. For example, I'm against using ice time for six to eight-year-olds and even for excellent teenaged hockey players, at the expense of teenage recreational hockey. a teenager who is only an average player can't get near the ice for a fun game in many communities, while all the very best teenagers are playing regularly.

Normally around the ninth year is a good time to start teaching the game. From nine to 12 years of age the practice time should be spent mainly on fundamentals, not game tactics or philosophy. They should concentrate on skating, puckhandling and passing.

I have a peewee system of 24 teams playing recreational hockey once a week. When one boy begins to dominate or stand out on his team, we put him in one of six competitive teams. Then we have one more club — called the Mini-Stars — formed from the best of these six competitive teams.

After Christmas, one-quarter of the Mini-Stars' practice time is devoted to game philosophy — situations such as getting the puck out of their own end, killing penalties, winning face-offs, etc. But the other 45 minutes are still used for skill fundamentals. Now these kids are pretty good, the best of 30 teams in the system, but I know they still need constant puckhandling and passing drills. The other 30 teams get no game philosophy, only the basics. I think this is the only way to ensure that eventually we will have all kinds of talent in the 16 to 18 year age group.

I feel the little kids should develop game sense through common sense; let them make all the tactical mistakes they want as long as they have a ball. They'll also win their share of games just by being pretty good skaters and passers; the rest, you might say, comes naturally. They will develop to a considerable degree on their own, and be ready for game philosophy by the time they reach the 14 to 16 age group.

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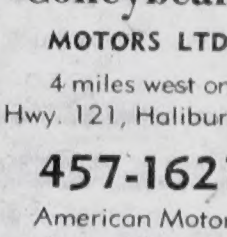

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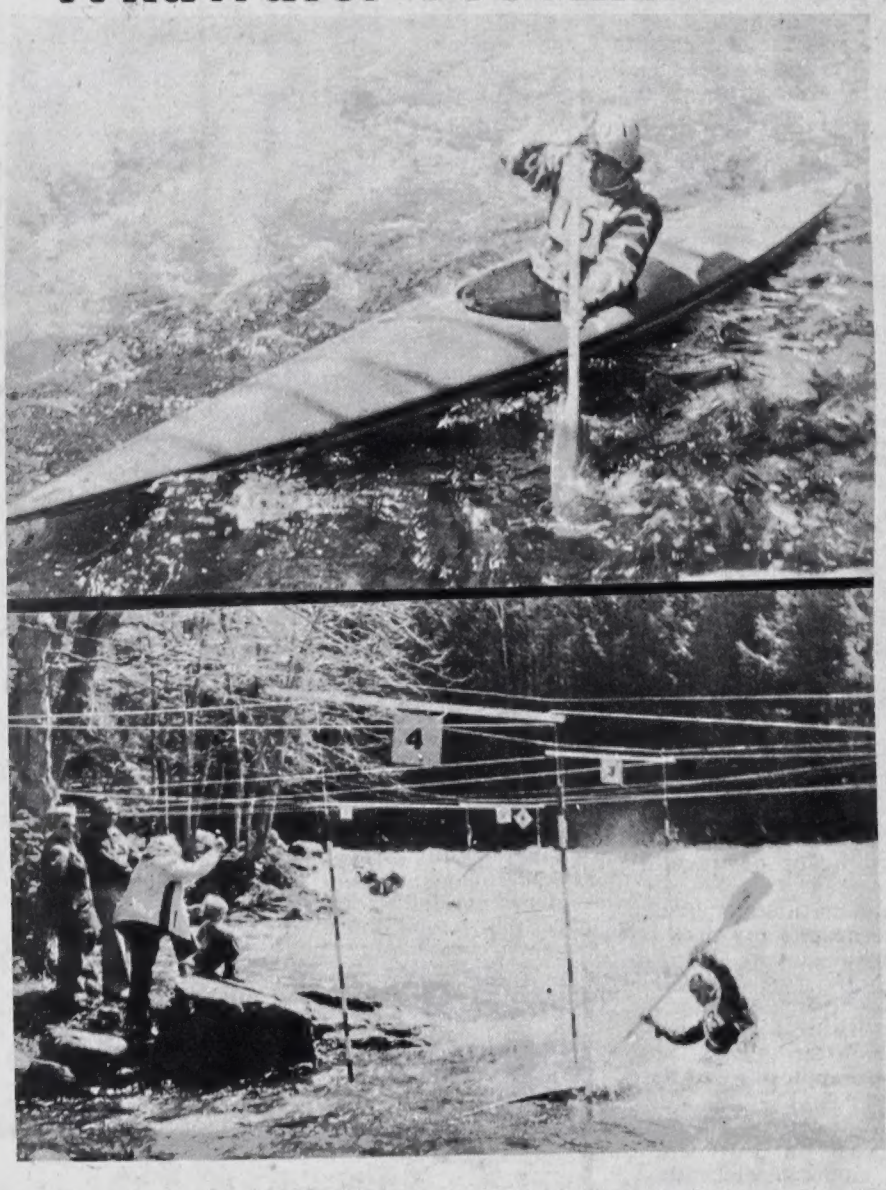

MINDEN — Top photo shows Deiter Poenn at the base of the Horseshoe Rapids which were used this past weekend for the Ontario Wildwater Slalom Trials. Lower photo, a racer has made the top three gates on the rapids now has to go through the fourth gate from the downriver side. There are 27 gates in the races and racers lose points if they touch one of the poles or miss a gate. The top three finishers in six classes will advance from these trials to a training camp near Jonquere, Quebec, to train for the upcoming America's Cup to be held in July.

MINDEN — On Sunday hundreds of people lined the banks of the Horseshoe Lake Rapids north of Minden to watch the 1978 Provincial Trials of the Ontario Wildwater Association's Slalom races.

These trials are run each year here in Minden (this is the 4th year) to determine the Provincial slalom team. There are six different divisions in the Kayak races and the top three in each division form the Provincial team that will start training in June for the America's Cup to be held in July.

Forty-seven hopefuls, both men and women took to the rapids on Sunday morning, trying for 18 spots on the Ontario team. Included in these 47 competitors were Canadian and North American champions, Claudia Kerckhoff and Deiter Poenn of Hamilton. Both by the way defended their Provincial championships.

The America's Cup is staged every even year with the World Championships held on the odd years. In 1979, the World Championships are going to be held in Jonquere, Quebec.

This year's America's Cup races are to be held in Bueno Vista, Colorado, Winachi, Washington and at Whistler's Mountain in B.C. The Canadian championships will be held in Quebec City in August.

Deiter Poenn had a real scare in these trials over the weekend, as a young Kayaker from Jonquere, Quebec (eight drove to Minden) lost by only four-one hundreds of a point to the North American champion. Deiter had 158.83 through the 27 gates while Gilbert Boucher (16) had 158.87 in the race.

Claudia Kerckhoff had an easy time of it in the women's race with 185.31 points, more than 200 ahead of her nearest rival. Other winners on this gorgeous afternoon were, Peter VandenAndan of Hamilton with 254.14, Raymond Potvin of Jonquere with 258.17, Neil Gerrard of Peterborough with 230.18 and Sandy McViccire and Jeff McColl of Toronto in the C-2 class.

The trials for the downriver provincial's are to be held on May 27th in Guelph, the top three in each of these events will then join the slalom winners in Jonquere to train for the Cup races.

Bodycheck:

PARTICIPACTION Do something for somebody... Your body!

Ontario wins Pepsi Cola H.S. Canadian Aggragate

TORONTO — The Provincial finals of the Pepsi Cola High School championships were rolled recently and taking part in the tournament via telephone hook-up were B.C., Alberta, Sask., Manitoba and Northern Ontario.

When the final ball had been thrown in B.C., Ontario had captured the Canadian Aggragate Championship, edging B.C. 50-46. Ontario boys and girls won the ladies and mixed team events, the girls singles and placed third in the boys singles as did the boys team.

Leading the way to victory was the Hamilton girls team with a total four game score of 4629, followed by B.C. 4212, Sask. 4160, Man. 4124, Albt. 3995 and N.O. 3524.

Paul Begy led the Ontario Mixed team from Scarborough to the Dominion Title with a fantastic record-breaking four game total of 1216. The team rolled 4496 to edge B.C. once again with 4400. Third went to Sask. 4350, Alberta 4340, Man. 4330 and Northern Ontario 3973.

The third place boys team in Canada comes from York West Bowlers Association with a total pinfall of 4626. B.C. finished first with 4835 and Alberta was second with 4747. In singles competition, Amy McNulty finished as Canadian champion with a four game block of 1073.

The complete aggragate standings across the country were: Ontario 52, B.C. 46, Alberta 29, Sask. 25, Man. 17 and N.O. 12.

Madeline Burns, Pepsi Cola representative at the banquet, told the gathering that Pepsi would once again be sponsoring this event next year, making it the 11th year Pepsi has sponsored this tournament.

Pickerel season opens May 13

Fishermen and women who have been enjoying the opening of trout season since April 29 will be equally happy to have the pickerel season officially open on Saturday, May 13.

Just in case you had hoped to jump the gun a bit on the season, remember that the fine for fishing out of season can be a maximum of $1,000.

One nice thing about Monday: You don't have to spend two days looking forward to it with distaste.

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Minden Curlers hold annual banquet

MINDEN — Winners of the Carnarvon Lumber Trophy for the men's curling league second schedule are, left to right, Sid Brown (skip), Bob Austin, Ev Rudd and Percy Brintnell.

Winners of the 'A' Division of the Mixed Curling playoffs were the above foursome of Bob Austin (skip), Dale Austin, Lois Titus and Ian Minto. Far left, Peter Dollo presents the winning rink with the Dollo's IGA trophy.

MINDEN — Paul Prentice presents the Prentice Roads Trophy to the winning Wednesday Ladies 2nd schedule winners. Left to right, Gwen Cox (skip), Aileen Blears and Vicki Cross. Missing is Ev Wood.

MINDEN — Winners of the Ron Wrightman Realty Ltd. trophy as 'B' Division champs in the Mixed playoffs, left to right, Jim Burton, Elaine Blakey, Don Blakey (skip) and Helen Burton.

Minden Curling Club's annual banquet took place last Saturday at Deer Lodge. About 130 club members and guests attended and enjoyed a delicious buffet dinner followed by award presentations and a dance.

Club president J. O. Jackson, expressed his appreciation to the ice makers, scheduling committee and other individuals who worked so hard to make the past season a success. Special thanks went to Alex Millar for his efforts regarding special events and to Herb Gill for another job well done regarding his contributions to entertainment upstairs.

The club's general meeting will be held on Wednesday May 10 at 7:30. Many things are on the agenda concerning club operations and some discussions may arise about the progress of the new building committee.

?? Ask Alma

Dear Alma:

The 10th anniversary of my wedding will soon be here. However, we are no longer married as my husband divorced me and married his secretary. Our courtship period and the years we were married were a great joy to me. So, I have a strong desire to invite a few friends to celebrate the anniversary with me despite my present marital status. Alma, would it be ridiculous of me to celebrate those years with a few close friends? After all, they were my happiest. — At a Loss and Agitated.

Dear Agitated:

Give your party by all means, but not to celebrate the past. The fun you have with your good friends is very much in the present. You must start thinking that your 10 "happiest" years were only the happiest SO FAR and make every effort to enjoy life today and in the future. It isn't fair to yourself to limit your pleasures to happy memories of the past.

Dear Alma:

I hate to say this, but my husband is a lingerie freak. He brings home items that are so short, transparent and indecent, that I'm ashamed to put them in my dresser drawer much less wear them. How can I explain to my husband that I love him and want to appear attractive to him, but without looking and feeling like a cheap floozie? — I'm Modest.

Dear Modest:

Think sexy, not cheap. Be glad he's bringing his fantasies home. If you won't wear them, someone else will.

Dear Alma:

Our grandson, 19, is a very intelligent well-mannered college student. His interesting letters to us cover his school work and social activities.

We can't understand, however, why he doesn't acknowledge birthday and other gifts. His parents have talked to him about this but that hasn't helped either. — Confused, West Palm Beach.

Dear Confused:

Forgetting to say "Thank you" is not uncommon with young adults. Sharing their activities with grandparents (by letter, yet) is much more rare. Enjoy this special boy and don't dwell on his faults.

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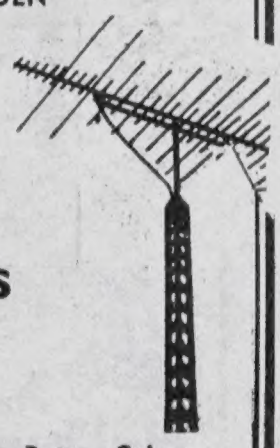

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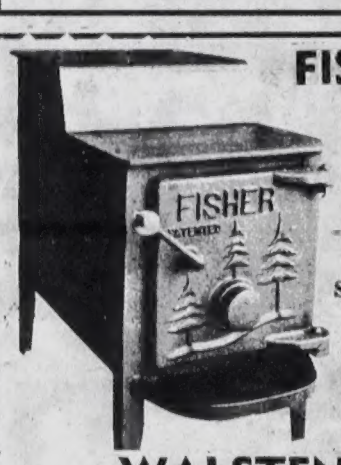

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Plug the leaks and pay less

by Richard Charles

Do you sometimes feel hot on one side and cold on the other? Do you keep pushing the thermostat up higher, but still have the shivers? Maybe it isn't the 'flu; you could have a house like a leaky boat. You can pack all the insulation into your walls, attic and foundation that they will take, but that still won't do the job properly while the heat is allowed to leak out through the windows and doorways.

It is estimated that 25% or more of the heat can escape from a home in this way. Why? Firstly because glass is a poor insulator, and secondly because doors and windows don't fit snugly enough – if they did, you might not be able to open them.

Never rely on single panes of glass to protect you against the cold in winter. If your thermostat is at 21°C (70°F) and you have an average home with 200 square feet of windows, and they are single-paned, you lose over 11,000 Btu of heat per hour through the glass. Double-glazing can reduce this loss by about half, and save you a gallon of heating oil or 128 cubic feet of natural gas each day – and you feel more comfortable.

You have a choice of double (or triple) glazing, or storm windows (the permanent type or those you put up each fall) or you can add a layer of polyethylene to the windows, although it will affect the visibility and will not last as long as the other methods. Storm doors are useful too, especially with house doors being so lightly constructed nowadays.

Next you have to deal with the drafts around doors and windows. If it is not obvious where these drafts are coming from, you can find out with a simple draft gauge, which consists of a small sheet of plastic or tissue paper hung from the crossbar of a coathanger. Secure the plastic or tissue with clothespins or hairgrips. When you hold the gauge near doors and windows, the movement of the material will show where there are drafts.

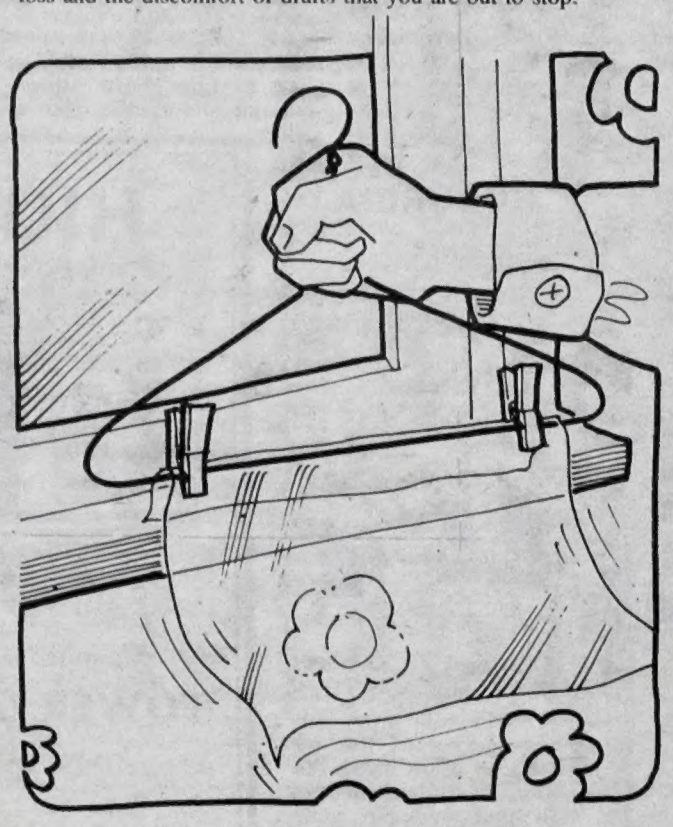
You can put a stop to these drafts with weatherstripping and caulking.

Weatherstripping is available in vinyl foam, vinyl-covered polyurethane foam, combinations of vinyl foam with wood or aluminum, spring metal, or hair felt. These strips can be fitted right around the frames or on whatever parts may need attention. Some have adhesives on them, but others have to be attached with tacks or screws.

You can buy caulking compounds with a variety of bases: oil, resin, latex, butyl or polyvinyl, or (not recommended because it is toxic) lead. These compounds are applied with a caulking gun, or you can obtain the caulking made up in rope form, which is worked into the cracks with the fingers. Besides the gaps around doors and window frames, caulking can be applied to the cracks under the eaves, around flashing, between bricks and in basement walls.

The brief review of these techniques given here is not enough to enable you to go ahead and do a competent job of weatherstripping and caulking, but you will find all the details, with illustrations, in a booklet called **Keeping the Heat In**, which is available free from Box 3500, Station C, Ottawa, Ontario, K1Y 4G1.

This is a do-it-yourself job, if you are so inclined, and it doesn't call for expensive equipment to apply the weatherstrips and caulking. One thing to watch, though, is not to aim to make your home completely airtight (if that's possible) because a home must have some ventilation, even in very co'd weather. It is the excessive heat loss and the discomfort of drafts that you are out to stop.



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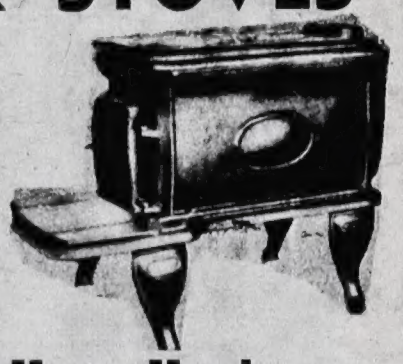

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Canadian Mixed Team Champions

Ontario Mixed Team Champions for 1978 are from Scarborough Bowlers Association. Jamie Mayreenlott, Judy Alton, Dan Callaghan, Mike Gorman and Paul Begy.

Canadian Girls Team Champions

Ontario Girls Team Champions at the recent Pepsi Cola High School Bowling Championships are the above girls from Hamilton and District Bowlers Association, Cheryl Librock, Judy Bentley, Cathy Munro, Carol Brown and Darlene McCarty. Centre is Madaline Burns, representing Pepsi Cola Canada Ltd. and Treasurer of the Ontario Bowlers Congress, Kevin Jones.

THE EYES show more than most people realize. An opthalmologist can see signs of many systemic diseases, including diabetes, high blood pressure and some forms of cancer via the eyes. Here a doctor uses a slit lamp microscope to examine the front of the eye.

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County man is charged with trafficing in narcotics

WILBERFORCE — In the early morning hours of Monday, Minden OPP were keeping close observation in the Wilberforce area for narcotics.

At 2 a.m., OPP Constable Al Bibby performed a spot check on a vehicle and it resulted in a quantity of drugs being seized.

Charged with possession of narcotics with the purpose of trafficing was Timothy Kevin Oram, 19 Police seized quantities of Hash oil, Hashish and Marijuana from the Oram vehicle.

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Each Saturday afternoon on CBC-TV Lorraine Thomson hosts her popular in-depth interview show about those Very Interesting People, who let us in on the HOW and WHY of their lives and careers.

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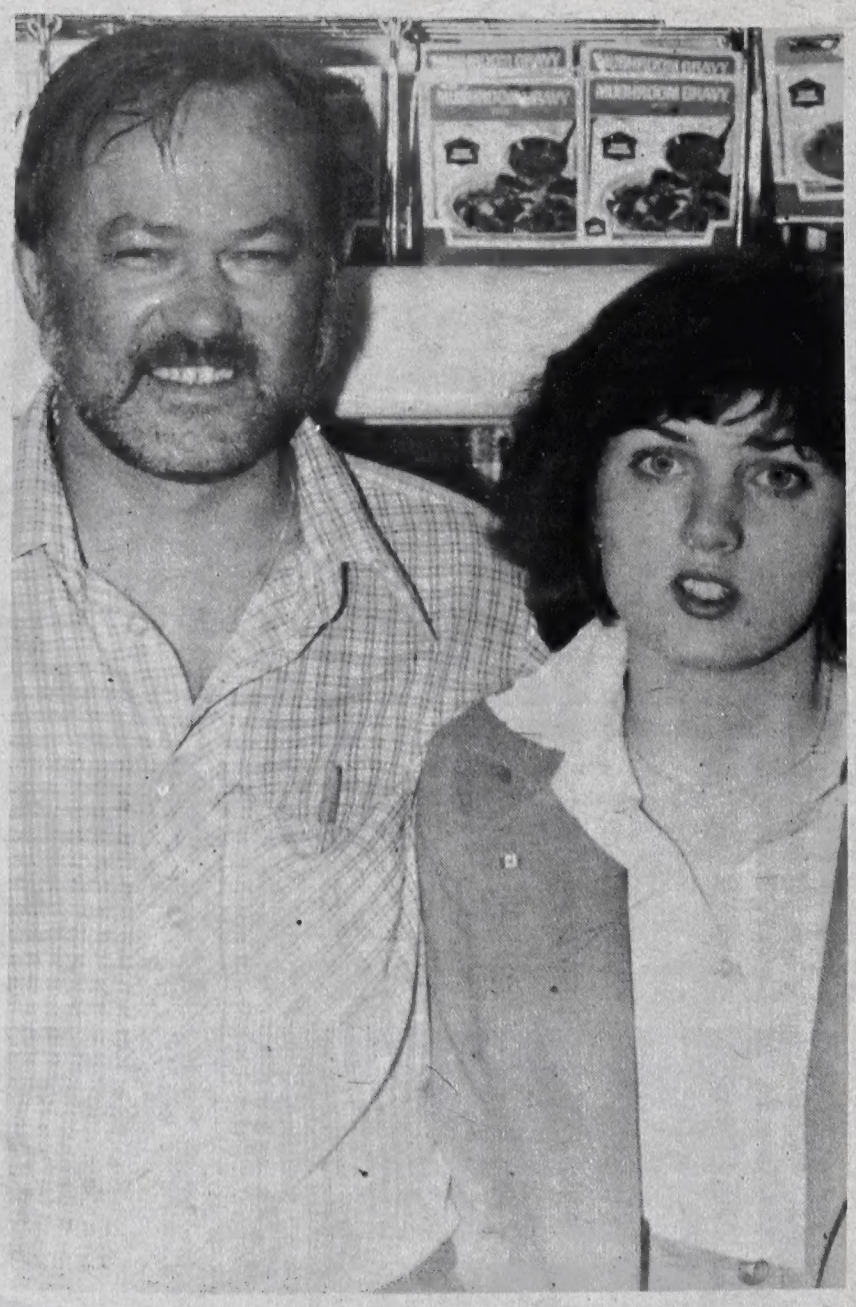

ERIN GILLIGAN OFF TO DENMARK

MINDEN — This year's Minden Rotary Club's Foreign Exchange student is 16 year old Erin Gilligan of RR 2, Minden. Erin is the daughter of Mr. and Mrs. James Gilligan.

Seen above with Rotarian, Alan Coneybeare, Erin received word this past week that she will be leaving for Denmark at the end of June for a one year stay.

On her arrival in Denmark, Erin will attend a three week crash course in Danish at the University of Copenhagan, at no charge to the Minden Club. The Danish government will also be paying all of Erin's medical insurance while she is in Denmark.

Erin is quite fortunate to be going to Denmark according to Mr. Coneybeare, as Rotary District 701 usually exchange students with Australia, New Zealand, Mexico or South Africa. Erin is the first to go to Europe.

"I'm really looking forward to learning a foreign language and also to meeting the Danish people and learning a little of the Danish culture," said Erin. Miss Gilligan has already attended two orientation programs with 80 other incoming and outgoing exchange students to date, one in Ottawa and the other in Gravenhurst, two weeks ago.

Erin will also be accompanying 22 Rotarians and Rotary-Anns to Rouyn-Noranda, Quebec, on May 26th for the Rotary Spring Conference before she leaves for Europe. Some 500 Rotarians and Rotary-Anns from District 701 will be attending.

The Minden Rotary Club, with this fine student exchange program, which started in 1976 when Ermilo Antonio Baqueirro Guiterez of Mexico came to Minden for a year, is doing a great deal to further world unity. To date the Minden Rotary have sent two students to other countries (Mary Lou Johnson 1977, to Australia) and now Erin, and have had three students visit Minden (Ermilo, his sister Beatriz of Mexico and Linda Danvers of Australia in 1977).

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1970 SNOWCRUISER excellent condition, 28 hp with reverse and a spare motor. Phone 754-2294.

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The best way to acquire an inferiority complex is to live in the same house with a cat.

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Electric lawn mower, hedge trimmers, traps, belts, coleman lamps and stove, many other items. 489-2297.

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BABY ARTICLES — mesh playpen, walker, playtex bottles, lounge chair etc.— 286-1117. (14

TWO HAIR — 1 Steam curlers, 1 blow designer. Phone 489-2937. (14

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1 BUFFET $55.; — 1 OAK sideboard $150. Call 457-2018. (18

1977 VOLARE, pb, radio, rust proofed, block heater, 32 mpg., like new $3600.00 call 754-2648. (18

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Heavy Equipment, Camper, Boats, Vehicles, Household Articles, some Antiques and miscellaneous items. Lunch available.
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1969 — 340 Swinger, automatic, as is $400. Phone 488-2884. (15

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WANTED — SINGLE Horse farm wagon. 754-2530. (15

WANTED: Married accounting student with three children, who intends to return home to Haliburton County to establish his professional practice, preferably with land and in the Minden area a home to rent, if possible with option to buy. It doesnt have to be in super order as I used to be a contractor and would enjoy fixing up. Kakisa House, R.R. 3, Lindsay, Ontario K9V 4R3. (15c

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BY MARY FUREY CRYMES

While you're hanging about the house, fitfully checking the thermostat and full moon and yearning for spring gardening time, do a little planning. Post-season quarterbacking of last year's garden helps the time go faster and could help increase next season's yield.

Sketch out your last garden and consider location. Was it right for what you planted or a factor contributing to poor yield? Sketch in drainage sources and areas where soil was damp and soggy from runoff. No sense planting again until conditions are corrected. Give some thought to the kinds of pesticides, food and insect controls you used. Did they do the job? Maybe these, too, could use a change and a good way to find out is to get a soil analysis.

Seed catalogs offer soil test kits, and they can be found at nurseries, or you can bag a half pound or so and take it to your county extension service agent. When you get it back, you'll also get expert advice on good nutrients and how to enrich and strengthen soil. Sometimes the service is free. Other times it costs a few bucks, but it's always worth while to have a soil test.

Now, start planning for the next garden. Proper vegetable placement can be important, and remember to rough in the tall stuff (corn, sunflowers, etc.) at the north end, with others in descending order of height. This year, you might want to skip row planting in favor of the "intensive" or scattered seed method. Seedlings can be thinned as they emerge and intensive gardening has become very popular where space is limited. Another method is to set seedlings themselves helter-skelter without rowing at all. Makes for a big yield, but remember to allow space for pathways if you use either method. Consider both intercropping and succession cropping as you plan, and you'll be quarterbacking yourself into a better garden with bigger yield next time around.

Samantha

READS YOUR STARS

If you were born this week: You are conscientious and dependable. You take life seriously and are a hard worker. You likely need to relax more than you do. Your ambition causes you to set high goals for yourself and your great resolve helps you to attain them. You tend to be reserved and rather modest.

ARIES (3-21-4-19): Take steps to strengthen and enrich your home life, Aries. Home is more than a place to hang your hat or a base for your operations, you know. You reach a new depth of feeling with romantic partner, and sharing is the key to this door. Later, take care of business, especially those details.

TAURUS (4-20-5-20): Now that everything is in apple pie order (I hope!), who don't you throw an impromptu party, Taurus, baby? Whether for a few or for a crowd, you can bet that Cupid will be one of the guests! Also, tend to correspondence and calls.

GEMINI (5-21-6-20): Don't put all your eggs in one basket this week, Gem. Of course, you shouldn't need any urging to do this, since diversification is your middle name. Expect financial action and a message concerning affairs of the heart.

MOONCHILD (6-21-7-22): Now and in the coming months, Jupiter's influence in your sign brings expansion and optimism, as well as a bit of luck. You can make real headway toward achieving your goals. Do be realistic, though, and avoid rash action. And, by the way, watch your weight; you don't need to expand your waist.

LEO (7-23-8-22): Week begins quietly, Leo, with behind the scenes romantic whispers. Mind your p's and q's, or some of those whispers could hold the breath of scandal. Good sense and affirmative action hold you in good stead, and, please, baby, no ego trips this week. Days come to thoughtful close.

VIRGO (8-23-9-22): Friends and associates prove helpful, Virgo, and social and group activities are highlighted. Have the faith of your convictions and jump on your own band wagon; it's been waiting for you to catch up to it. One, two, three — leap!

LIBRA (9-23-10-2): Don't overextend yourself, Libby; be prepared to keep any promises you make. Close encounters prove provocative with Venus lending a loving hand. Weekends with an M, for mayday, meditate and magnanimous!

SCORPIO (10-24-11-22): A certain strong-minded individual may remind you that it's time you cleaned up your act and began developing your full potential. Being equally strong-minded, you'll probably resent this, Scorp; but in your heart, you know he's right. So shelve your pride and get with it, sweetheart!

SAGITTARIUS (11-23-12-21): You may learn a lesson about perserverence this week, Saj. You tend to be in on the beginning of anything, but long about midway through a project, your interest begins to lag, and you start looking for something new. Use tape, glue or nails (ouch!) to stick to what you've started!

CAPRICORN (12-22-1-19): Partner's enthusiasm is catching, Cap, relax and accept a case of it. It'll do wonders for you! Exert your usual care in financial matters, but remember, only hindsight is always 20-20. Days close with a kiss.

AQUARIUS (1-20-2-19): Give routine matters your attention during first days. Sam knows you find them a drag, Aquarius, so get 'em over with in a hurry. Week continues with a breezy encounter and a brisk statement of intent

PISCES (2-20-3-20): Feather your nest with romance, Pisces, as week begins with billing and cooing. Then, a bit of drudgery can pay large returns and provide you with a nest egg. Later, a different kind of bird joins you and the feathers may fly!

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